





INFOPACK

YE "Rhythm Of Inclusion And Equality"

11-18 July 2017, Riga, Latvia



1. Summary of the project.

YE will gather 42 participants from 7 countries: Latvia, Italy, Spain, Slovakia, Sweden, Romania, Finland.

Each partner need to send 6 participants (including group leader) to the project, 3 male and 3 female, to keep gender balance. The age of participants should be 18-30 years and 30 years and over for group leaders.

The main focus of the project will be to explore, raise awareness of and fight barriers to social inclusion that are central to the participants, and to promote and spread values as solidarity, mutual understanding and intercultural awareness as core European values.

The main objectives are:

• to identify common elements shared among young people to build a common sense of belonging to Europe







- to promote awareness of European cultures through dance, music and the arts
- to share knowledge and learning in an international context
- to foster dialogue among cultures and respect for diversity
- to underline the role of dance and arts as tools for communication without distinction of nationality, race, sex, wealth, age and religion
- to promote an active role of young people in society through initiatives that, through a multiplier effect, leads to the realization of other initiatives in the countries of origin of the participants.

The activities of the youth exchange will be aimed at creating a dance show, to be held on the last day of the project, in which elements of the traditional dances of the countries of origin of the participants will be combined in order to form a message of brotherhood and solidarity. This will contribute to express in the same time a glimpse of their culture, but understanding in the same way how these cultures can mingle and enrich each other, fostering the idea of diversity which is at the base of the European Union itself, developing at the same time a strong sense of belonging as citizens of Europe without barriers.

During the project participants will discuss social inclusion and the factors that affect it within their own countries, then work together multi-nationally, using input from their own culture, to raise awareness of and address these issues and the methods in which problems may be resolved. This will be done using the art forms they prefer, thereby promoting and presenting their culture and at the same time becoming part of a larger group and tackling a wider issue. Additionally, time will be given each day towards self-reflection outside of the activities and for young people to approach any topics with staff that they may feel are too private for them to address with the whole group.

2. Participant Profile

- The age of participants 18-30 years
- Level of English pre-intermediate
- Priority will be given to participants who are interested/have experience in topics of social inclusion and dancing/acting;
- Have strong motivation and knowledge on youth exchange topic
- To be available to attend the full duration of youth exchange
- Have possibilities to implement youth exchange results/outcomes after coming back home
- Have passion for exploration and willingness to play

Selected participants will have to sign an agreement where they will guarantee presence during all the sessions, 85%.

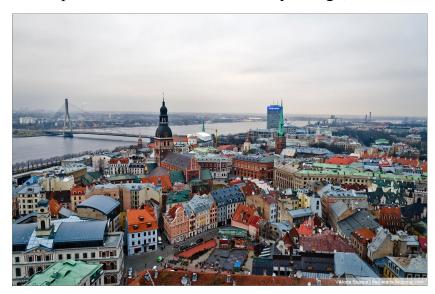






3. Accommodation and how to get there.

The project will be implemented in the beautiful city – Riga, Latvia.



Here is the web-site of the guesthouse "Jacob Lenz" where we will host our great participants: http://www.guesthouselenz.lv/pages/index.php?l=en

Location:

Lenču iela 2, Rīga, LV-1010

Directions:

From International airport "Rīga" - Bus #22 till stop "Centrāltirgus", then Trolleybuss #19 till stop "Dzirnavu iela".

From bus station - Tram #7 till stop "Ausekļa iela".

From Central station - Trolleybuss #19, Bus #2 and #24 till stop "Dzirnavu iela".

4. Meals.

We will provide you with three meals/day and two coffee breaks. The meals will take into account all the participants dietary aspects such as allergies or in-tolerance. So please let us know if you have any preferences regarding the food.







5. Partners and number of participants.

Youth Line – LATVIA (6) TDM 2000 – ITALY (6) ASOCIACION 217 SUR – SPAIN (6) SYTEV – SLOVAKIA (6) Vi pratar ryska – SWEDEN (6) Future in Progress – ROMANIA (6)

SIRIUS, kansainvälinen nuorisoaloitteiden yhdistys ry – FINLAND (6)

6. Needed things to take with.

It will be summer weather in Latvia. So please take light clothes and swimming suits in case You would like to enjoy the sea, pool or sauna.

Please take cameras and laptops - two gadgets per group will be enough - we will need them to prepare materials to disseminate project results. However we will be pleased for every creative idea from your side!

Also please prepare some materials (documents, videos, clothes, food) for the **intercultural evening** where each team will present their beautiful country.

7. Travel reimbursement.

Following the rules of the ERASMUS+ programme for this project are foreseen:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Latvia	Latvia	0 km	6	00.00
Spain	Latvia	3000 - 3999 km	6	400.00
Slovakia	Latvia	500 - 1999 km	6	170.00
Italy	Latvia	2000 - 2999 km	6	270.00
Sweden	Latvia	500-1999 km	6	170.00







Romania	Latvia	500-1999 km	6	170.00
Finland	Latvia	100 - 499 km	6	80.00

Please consult us before buying your ticket so we can confirm you it is ok!

The total amount covered is the max for the round trip for each participant; all the extra euros spent that overcome the max amount covered are in charge of the participants.

EXAMPLE

If your max amount covered is 275€ and you spend 300€ for your round trip you'll receive 275 and the rest of the money out of 275€, in this case 25€ are in charge of the participant.

IMPORTANT

Do not buy any tickets before our approval or permission, before to buy tickets you have to send us your travel plan and then after our check if we agree with that we will give you permission to proceed with booking.

Any flight/bus/train or other mean of transport won't be reimbursed in case of participant miss the travel for any motivation. According the Erasmus+rules the applicant can only reimburse the people that participate to the youth exchange and signed the official list of signatures during the exchange.

INSURANCE

All the participants must hold valid insurance that cover damage to third parties. You are free to choose your own insurance. The European Health Insurance Card







is enough of an assurance for participating in this project. It is the participant's responsibility to have a travel insurance and a health insurance.

8. Contact us, our team.

You may contact us via e-mail - inclusion.equality.lv@gmail.com

Our team responsible for this project consists of Katya and Kati.

Here are their FB profiles, e-mails:

https://www.facebook.com/kateryna.shepeliuk, k.shepeliuk@gmail.com https://www.facebook.com/prusenkoko, ekaterinaprusenko@gmail.com

Our project has its own group, please join it to have an access to upcoming project info: https://www.facebook.com/groups/593523544171862/

Youth Line's contacts: youthline.lv@gmail.com, www.youth-line.lv

IMPORTANT

Please invite all your participants to fill in the application until **the 10-th June**:

https://goo.gl/forms/3CQkAtGma4NQmNI93

See you soon!